



1 Year Later-Putting things into Perspective

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There has been so much fuss of late on the great performance in equities over the past year so we thought it would be interesting to put the indices head to head with the major commodities that we trade. Find the table below that shows the closing price on March 9, 2009 compared to the closing price of March 9, 2010. We use this date because that is the date the major US indices bottomed.

I find it comical that so many investors are ignoring the multiple long/short opportunities in commodities. I've seen commodities in my 10-yr career gain respect from the common investor but still too many traders fail to implement commodities into their portfolios.

Keep up to date on our daily blogs and weekly commentaries to see what commodities we are recommending selling and what commodities we are recommending buying.

For detailed strategies contact us via e-mail www.mbwealth.com or telephone at (888) 920-9997 / 954-929-9898. For the most part investors reading this analysis want to be more hands on, however we suggest taking a look at our managed futures section and consider diversifying further via CTA's with proven track records: [MB Wealth Managed Futures](#)

COMMODITY	2009	2010	CHANGE IN 1 YEAR
ENERGIES			
CRUDE	53.16	81.49	53.29%
HEATING OIL	1.46	2.09	43.15%
RBOB	1.46	2.26	54.79%
NAT GAS	5.40	4.52	-16.30%
METALS			
GOLD	931	1122	20.52%
SILVER	13.00	17.32	33.23%
PALLADIUM	203	468	130.54%
PLATINUM	1070	1605	50.00%
COPPER	1.68	3.4	102.38%
CURRENCIES			
EURO	1.2676	1.3593	7.23%
SWISS	0.8749	0.9295	6.24%
AUSSIE	0.6245	0.9128	46.16%
YEN	1.0257	1.1117	8.38%
LOONIE	0.7786	0.9745	25.16%
CABLE	1.3841	1.4987	8.28%
KIWI	0.4859	0.7023	44.54%
DOLLAR	88.00	80.6	-8.41%
GRAINS			
CORN	4.07	3.59	-11.79%
SOYBEANS	8.34	9.41	12.83%
BEAN OIL	32.40	39.97	23.36%
BEAN MEAL	242.30	259.00	6.89%
CHI WHEAT	5.96	4.78	-19.80%
KC WHEAT	6.18	4.90	-20.71%
OATS	2.32	2.18	-6.03%
RICE	1242	1277	2.82%
DEBT			
30-YR	122'24	117'24	-24.55%
10-YR	118'20.5	118'11	-0.003%
5-YR	116'31.75	116'22.25	-0.003%
EURO-DOLLAR	98.27	99.74	1.50%
SOFTS			
COCOA	2248	2787	23.98%
SUGAR	13.69	20.32	48.43%
COTTON	50.36	80.33	59.51%
FCOJ	0.8475	1.4915	75.99%
COFFEE	1.1665	1.3025	11.66%
LUMBER	200	274	37.00%
LIVESTOCK			
LIVE CATTLE	89.10	94.40	5.95%
FEEDER CATTLE	91.00	102.35	12.47%
LEAN HOGS	72.00	72.40	0.56%
PORK BELLIES	87.75	93.00	5.98%
INDICES			
DOW	6953	10564	51.93%
S&P	668	1140	70.66%
NASDAQ 100	1052	1901	80.70%
CCI	349	474	35.82%

*Assuming close 3/9/09 and close 3/9/10

**Assuming Continuation charts

	Biggest Losers
	Biggest Winners

Risk Disclosure: The risk of loss in trading commodity futures and options can be substantial.

Past performance is no guarantee of future trading results.