



							Trend		
Commodity	Symbol	Month	Sentiment	Support	Resistance	short	medium	long	
Energy									
Crude oil	CL	X	NEUTRAL	70.00, 69.00	73.00, 74.00	SIDEWAYS	SIDEWAYS	UP	
Heating oil	HO	X	NEUTRAL	1.80, 1.7650	1.86, 1.89	SIDEWAYS	SIDEWAYS	UP	
Gasoline	XRB	X	NEUTRAL	1.78, 1.75	1.85, 1.8750	SIDEWAYS	SIDEWAYS	UP	
Natural gas	NG	X	NEUTRAL	4.30, 4.00	4.75, 5.05	UP	SIDEWAYS	DOWN	
Livestock									
Live cattle	LC	Z	BEARISH	84.00-84.50	86.00, 87.25	DOWN	DOWN	SIDEWAYS	
Feeder cattle	FC	X	BEARISH	96.00-96.50	98.25, 99.25	DOWN	DOWN	SIDEWAYS	
Lean hogs	LH	Z	NEUTRAL	48.75, 48.00	50.75, 53.00	SIDEWAYS	UP	SIDEWAYS	
Financials									
Dow	DJ	Z	BULLISH	9600, 9500	9750-9800	SIDEWAYS	UP	UP	
S&P 500	SP	Z	BULLISH	1040, 1020	1065-1075	SIDEWAYS	UP	UP	
30-yr Bonds	US	Z	NEUTRAL	118'16, 117'16	119'28, 121'10	SIDEWAYS	SIDEWAYS	UP	
10-yr Notes	TY	Z	NEUTRAL	116'19, 116'00	117'20, 118'10	SIDEWAYS	SIDEWAYS	UP	
Euro-dollars	ED	M 10'	NEUTRAL	98.90, 98.80	99.05-99.10	SIDEWAYS	UP	UP	
Currencies									
Euro	EC	Z	NEUTRAL	1.46, 1.4450	1.4750-1.48	SIDEWAYS	UP	UP	
Aussie	AD	Z	NEUTRAL	.8475, .8375	.8675-.8725	SIDEWAYS	UP	UP	
Swissie	SF	Z	NEUTRAL	.9600, .9500	.9725-.9750	SIDEWAYS	UP	UP	
Loonie	CD	Z	NEUTRAL	.9225, .9125	.9350, .9450	SIDEWAYS	UP	UP	
Cable	BP	Z	BEARISH	1.61, 1.5850	1.6350, 1.6500	DOWN	SIDEWAYS	SIDEWAYS	
Yen	JY	Z	NEUTRAL	1.0825, 1.0700	1.0900, 1.1000	DOWN	UP	UP	
Kiwi	NZ	Z	NEUTRAL	.6950, .6875	.7075-.7125	SIDEWAYS	UP	UP	
US dollar	DX	Z	BEARISH	76.75, 76.25	77.40, 78.00	SIDEWAYS	DOWN	DOWN	
Grains									
Corn	C	Z	NEUTRAL	3.10, 3.00	3.22, 3.35	SIDEWAYS	SIDEWAYS	SIDEWAYS	
Soybeans	S	X	NEUTRAL	9.25, 9.00	9.50, 9.75	UP	SIDEWAYS	SIDEWAYS	
Soybean oil	BO	Z	NEUTRAL	34.50, 33.75	35.50, 36.30	UP	SIDEWAYS	SIDEWAYS	
Soy bean meal	SM	Z	NEUTRAL	277, 270	289, 300	SIDEWAYS	SIDEWAYS	SIDEWAYS	
CBOT wheat	W	Z	BEARISH	4.50	4.75, 4.90	SIDEWAYS	DOWN	DOWN	
KC wheat	KW	Z	BEARISH	4.60	4.85, 5.00	SIDEWAYS	DOWN	DOWN	
Oats	O	Z	NEUTRAL	2.00 -2.05	2.15, 2.25	SIDEWAYS	DOWN	SIDEWAYS	
Softs									
Cocoa	CO	Z	BULLISH	3050, 3000	3125, 3150	SIDEWAYS	UP	SIDEWAYS	
Sugar #11	SB	H 10'	NEUTRAL	23.00, 22.00	24.25, 25.00	SIDEWAYS	SIDEWAYS	UP	
Cotton	CT	Z	NEUTRAL	63.00, 61.50	64.50, 65.50	UP	UP	SIDEWAYS	
Coffee	KC	Z	BULLISH	1.35, 1.33	1.3850, 1.41	UP	UP	SIDEWAYS	
Orange Juice	OJ	X	NEUTRAL	1.00, 97.50	1.05, 1.08	UP	SIDEWAYS	UP	
Lumber	LB	X	NEUTRAL	179, 174	186, 191	UP	SIDEWAYS	DOWN	
Metals									
Gold	GC	Z	BULLISH	990, 970	1010, 1025	SIDEWAYS	SIDEWAYS	UP	
Silver	SI	Z	BULLISH	16.40, 16.00	17.00, 17.50	SIDEWAYS	UP	UP	
Copper	HG	Z	NEUTRAL	2.72, 2.58	2.83, 2.93	SIDEWAYS	SIDEWAYS	UP	

Month - Jan F, Feb G, Mar H, Apr J, May K, June M, July N, Aug Q, Sept U, Oct V, Nov X, Dec Z

Trend - short 7 day, medium 30 day, long 90 day

Risk Disclosure: The risk of loss in trading commodity futures and options can be substantial.
Past performance is no guarantee of future trading results.

Energies For the last 6 weeks Crude oil has been sideways trading in a \$10 range and we don't see this changing in the near future. Traders need to be nimble and pick their spots carefully. We prefer buying dips closer to the bottom of the range. Presently clients hold December \$75/.80 call spreads. On the November contract the next leg should be determined on a trade above \$73 or below \$69. Heating oil and RBOB continue to play follow the leader and we have no trade rec's at this time. Natural gas has come alive and those that stayed with their November and December positions should have made some money on the recent 30% explosion in prices. We've advised clients to book partial profits on their positions. We will be looking to get long December or January contracts on a setback of 40-70 cents. We see no reason why the January contract will not see \$6/btu in coming weeks.

Livestock Live cattle prices broke lower last week trading to their lowest levels of 09'. This should be viewed as a buying opportunity as we suggest traders to get long December futures with at the money put protection, buy call spreads in February live cattle or price out calendar spreads. See our special cattle report published last week. At this point we would suggest liquidating all profitable longs in lean hogs. We are expecting a setback if prices penetrate the 20 day moving average; in December at 49.85. We will be recommending longs on a further setback thinking we should find next support at 45/46 cents.

Financials

Stocks: Last Thursdays' highs in the Dow and S&P look like a sign of exhaustion and unless new highs are made this week we would expect a correction to follow. For the Dow that level is just below 9800 and on the S&P at 1072. As we've hinted at in the past we are anticipating a move back to the 50 day moving averages, 9200 and 995. Investors who are unwilling to liquidate some of their stock holdings may consider buying ES puts as a way to hedge; November 975 puts \$800, December 950 puts \$950, December 1050/1000 bear put spreads \$900 (*as of Monday morning*).

Bonds: The story this week in the Treasury complex may be the flow of money. What does that mean? If equities and commodities sell off we would expect money to flow into US dollars and to Treasuries, that being said we may see a temporary bounce. Some clients are currently holding December call spreads and carrying a small loss. If our assessment is correct look for a trade up to 122'00 in coming weeks in the December 30-yr bond contract. Traders not willing to take a directional move may consider NOB spreads with their bias towards their position in bonds, (*i.e. long bonds/short notes*). Continue to fade rallies in long dated Euro-dollars via futures and options. Look for the FOMC to leave rates alone this week but we feel the key is on how they view the latest market recovery and if they hint at when rates will start moving higher.

Currencies The US dollar appears to have put in an interim base last week as a rounded bottom is being formed. This will not be a "V" rally but we do expect a bounce from here as long as last week's lows hold. Traders should pay attention if a rally pursues how prices react to the 20 day moving average; 77.80 on the December contract. We would suggest exiting all longs on int'l currencies and aggressive traders can get short with stoops above the recent highs. We have clients positioned short December Euro-currency and will be looking to add to that position and get clients who don't have exposure some light exposure. We expect a trade down to 1.4250 in the coming weeks.

Grains Freeze or no freeze that was the driving force last week in the grain complex. With crops going in late there is little margin for error so on an early frost with potential crop damage grains could find support. We are still suggesting long exposure in corn and wheat as long as the fresh

lows hold. Additionally we suggested a trade idea in wheat last week; buying December KCBOT futures against December CBOT wheat. This trade was put on between 13 and 13'4 cents premium to KCBOT. We are risking 5 cents looking to make 10 cents for clients. When we are convinced a low has been made in agriculture we will also be suggesting accumulating March oat calls. Stay tuned.

Softs This sector is ignored by a majority of commodity traders but if you look at several of our most successful trades for clients of late they have been in markets like sugar, coffee, and OJ so we suggest becoming more familiar with this sector. As we've pointed out in recent weeks if and when the US dollar gains traction look for cocoa to turn south. If you saw the volatile action last week, this market is not for the faint of heart. We are suggesting options as opposed to futures for that reason. Contact us for pricing. We still like being long sugar and have clients currently positioned in March 10' contracts. We are currently pricing out bearish plays in cotton, stay tuned.

Metals Gold and silver have been making headlines of late moving to near record highs in gold and 12 month highs in silver. It may be justified being we've seen a 10% appreciation in gold and 30% appreciation in silver from high to low in the last 30 days. We were able to take advantage of those moves for clients but we've suggested exiting for the time being expecting a violent wash out. On a trade back under \$950 in December gold and \$15 in December silver we will be getting clients long again.

Risk Disclosure: The risk of loss in trading commodity futures and options can be substantial. Past performance is no guarantee of future trading results.