



## The Line in the Sand

For July 6th - July 9th 2010

Commodity Symbol	Month	Sentiment	Support	Resistance	Trend			
					short	medium	long	
<b>Energy</b>								
Crude oil	CL	Q	NEUTRAL	72.00, 71.00	74.30, 76.00	DOWN	SIDEWAYS	SIDEWAYS
Heating oil	HO	Q	NEUTRAL	1.92, 1.89	1.96, 2.0150	DOWN	SIDEWAYS	SIDEWAYS
Gasoline	XRB	Q	NEUTRAL	1.97, 1.94	2.01, 2.07	DOWN	SIDEWAYS	SIDEWAYS
Natural gas	NG	Q	NEUTRAL	4.60, 4.45	4.90, 5.20	SIDEWAYS	SIDEWAYS	UP
<b>Livestock</b>								
Live cattle	LC	Q	NEUTRAL	89.00, 87.75	90.50, 91.50	SIDEWAYS	SIDEWAYS	DOWN
Feeder cattle	FC	Q	NEUTRAL	111.60, 110.00	113.75, 114.40	SIDEWAYS	UP	SIDEWAYS
Lean hogs	LH	Q	BEARISH	79.50, 78.25	81.25, 82.10	DOWN	SIDEWAYS	DOWN
<b>Financials</b>								
Dow	DJ	U	BEARISH	9500, 9200	9800, 10000	DOWN	SIDEWAYS	DOWN
S&P 500	SP	U	BEARISH	1005, 970	1035, 1060	DOWN	SIDEWAYS	DOWN
30-yr Bonds	US	U	BULLISH	126'10, 125'10	128'00, 128'20	UP	UP	UP
10-yr Notes	TY	U	BULLISH	122'00, 121'00	122'26 - 123'00	UP	UP	UP
Euro-dollars	ED	M 11'	NEUTRAL	98.99, 98.85	99.09	SIDEWAYS	UP	UP
<b>Currencies</b>								
Euro	EC	U	NEUTRAL	1.2410, 1.2260	1.2745, 1.2900	UP	SIDEWAYS	DOWN
Aussie	AD	U	BEARISH	.8315, .8240	.8490, .8600	DOWN	SIDEWAYS	SIDEWAYS
Swissie	SF	U	BULLISH	.9345, .9200	.9475, .9530	UP	UP	SIDEWAYS
Loonie	CD	U	BEARISH	.9370, .9300	.9475, .9575	DOWN	SIDEWAYS	SIDEWAYS
Cable	BP	U	BULLISH	1.5100, 1.4940	1.5250, 1.5380	UP	UP	SIDEWAYS
Yen	JY	U	BULLISH	1.1340, 1.1250	1.1500 - 1.1550	UP	UP	UP
Kiwi	NZ	U	NEUTRAL	.6800, .6740	.6960, .7040	DOWN	UP	SIDEWAYS
US Dollar	DX	U	BEARISH	84.25, 83.70	85.30, 86.15	DOWN	DOWN	SIDEWAYS
<b>Grains</b>								
Corn	C	Z	BULLISH	3.78, 3.68	3.87, 4.00	UP	SIDEWAYS	SIDEWAYS
Soybeans	S	X	NEUTRAL	9.00, 8.85	9.16, 9.28	DOWN	SIDEWAYS	SIDEWAYS
Soybean oil	BO	Z	BEARISH	36.50, 36.00	37.25, 38.00	DOWN	SIDEWAYS	DOWN
Soybean meal	SM	Z	NEUTRAL	259, 254	268, 274	SIDEWAYS	UP	SIDEWAYS
CBOT wheat	W	U	BULLISH	4.94, 4.82	5.10, 5.25	UP	SIDEWAYS	SIDEWAYS
KC wheat	KW	U	BULLISH	5.05, 4.90	5.25, 5.38	UP	SIDEWAYS	SIDEWAYS
Oats	O	Z	BEARISH	2.38, 2.28	2.60, 2.72	DOWN	SIDEWAYS	UP
<b>Softs</b>								
Cocoa	CO	U	NEUTRAL	2940, 2870	3025, 3090	DOWN	SIDEWAYS	SIDEWAYS
Sugar #11	SB	V	BULLISH	16.10, 15.30	17.00, 17.70	UP	SIDEWAYS	SIDEWAYS
Cotton	CT	Z	BEARISH	75.00, 74.00	76.40, 78.00	DOWN	SIDEWAYS	SIDEWAYS
Coffee	KC	U	BULLISH	1.59, 1.53	1.65, 1.69	SIDEWAYS	UP	UP
Orange Juice	OJ	U	BULLISH	1.48, 1.45	1.5150, 1.54	UP	SIDEWAYS	UP
Lumber	LB	U	BULLISH	213, 201	224, 237	UP	SIDEWAYS	DOWN
<b>Metals</b>								
Gold	GC	Q	NEUTRAL	1196, 1168	1215, 1240	DOWN	SIDEWAYS	UP
Silver	SI	U	NEUTRAL	17.50, 16.90	18.25, 18.85	DOWN	SIDEWAYS	SIDEWAYS
Copper	HG	U	BEARISH	2.85, 2.77	3.00, 3.08	DOWN	SIDEWAYS	DOWN

Month - Jan F, Feb G, Mar H, Apr J, May K, June M, July N, Aug Q, Sept U, Oct V, Nov X, Dec Z

Trend - short 7 day, medium 30 day, long 90 day

**Risk Disclosure:** The risk of loss in trading commodity futures and options can be substantial.

Past performance is no guarantee of future trading results.